

STRENGTH FOR THE JOURNEY XVIII

2012 Tentative Retreat Schedule

Thursday, May 17th, 2012

- 1-3 p.m. Registration
- 3:00 p.m. Orientation
- 5:30 p.m. Supper
- 7:00 p.m. Campfire
- 8:15 p.m. Night Owl Café
(Videos/snacks/conversation/games)
- 11:00 p.m. Camp Quiet

Friday and Saturday, May 18th & May 19th, 2012

- 7:15 a.m. Stretching Exercises & Meditation
- 8:00 a.m. Breakfast
- 9:15 a.m. Workshops/Hiking
- 10:15 a.m. Break
- 10:30 a.m. Workshops/Hiking
- 11:30 a.m. Break
- 12:00 p.m. Lunch
- 12:45 p.m. Small groups
- 2:00 p.m. 12-Step Meeting
- 2:00 p.m. Optional Activities: crafts, games, reading, affirmation notes, conversation groups, 12-Step meetings, snacking, sleeping, hiking, meditation.
- 3:15 p.m. Staff Meeting
- 4:15 p.m. **(Fri. & Sat.)** Celebration of Life Service
- 5:30 p.m. Supper
- 7:00 p.m. Campfire **(Friday night)**
- 8:15 p.m. **(Fri.)** "Talent" Show
(Sat.) "Kings & Queens" Party
- 9:30 pm Nite Owl Cafe
- 11:00 p.m. Camp is Quiet

Sunday, May 20th, 2012

- 8:00 a.m. Breakfast
- 8:45 a.m. Clean cabins & pack vehicles
Prepare to leave
- 10:00 a.m. Closing Circle & Collection of ashes
- 11:00 a.m. Safe Trip Home!!

SPECIAL GIFTS

Individuals, churches, or other organizations wishing to donate special gifts to offset the costs for **Strength for the Journey XVIII** are encouraged to do so. Monetary gifts are payable to:

Desert Southwest Conference

SFTJ Camp Mingo

Please mail or deliver to:

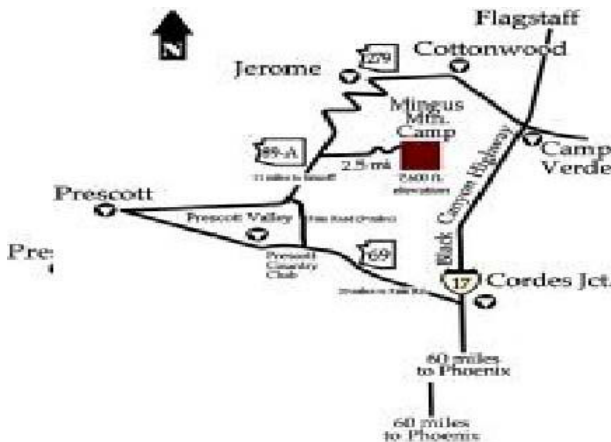
Strength for the Journey XVIII

United Methodist Center

1550 E. Meadowbrook Ave.

Phoenix, AZ 85014-4040

To arrange gift donations of snack foods and beverages or other non-monetary gifts, please e-mail Sally West @ sally@desertsw.org.



Directions to Mingus Mountain will be sent in your Confirmation packet

STRENGTH FOR THE JOURNEY XVIII



A retreat for men and women who are HIV+/AIDS and their caregiver.

Mingus Mountain Campground

**Thursday - Sunday
May 17th - 20th, 2012**

Sponsored by
The Desert Southwest Conference
Of the United Methodist Church
HIV/AIDS Committee

STRENGTH FOR THE JOURNEY XVIII

REGISTRATION FORM

Name (please print above line)

Mailing Address

City, State & Zip Code

Home Phone

Alternate Phone

E-mail address

REGISTRATION FEES

Cost per individual is \$160.00. A \$80.00 deposit **must** accompany each participant's registration. This deposit becomes non-refundable after May 1, 2012. The balance is due upon arrival at camp.

We do not wish to exclude anyone due to lack of funds. Partial scholarships of \$80.00 are available on a limited basis. If you have questions, give Sally a call at (520) 325-2775 or 1-888-379-2862.

I can pay the full amount of \$160.00.

I need a **partial** scholarship of \$ _____.

I can pay _____.

My check for \$ _____ is enclosed.

REGISTRATION DEADLINE

Registration deadline for **Strength for the Journey XVIII** is May 12th, 2012. Mail completed registration form and deposit (*payable to Desert Southwest Conference*) to:

**Strength for the Journey
c/o South District Office
655 N. Craycroft #5
Tucson, Arizona 85711-1404
Phone: (520) 325-2775**

OUR MISSION STATEMENT

A respite from the world; to gather and create a community that is safe, loving, and caring. The overall emphasis will be on celebration of life and appreciation of the beauty and joy of living.

THE FOCUS

The Retreat gives us the opportunity to focus on our own personal life journey and to explore ways in which we might enrich and strengthen ourselves. Workshops, open discussion, support groups, arts and crafts, and hikes are among the planned activities.

A SAFE ENVIRONMENT

As part of maintaining a safe community, the Retreat must at all times be maintained as a drug and alcohol-free environment. Substance abuse renders a person unable to participate in the retreat activities and infringes on the rights of others to participate. Persons who "choose to use" during the Retreat will be asked to leave with no discussion on the matter!

SPIRITUALITY

Throughout the Retreat there will be a number of opportunities for spiritual journey enhancement through worship opportunities and workshops.

MINGUS MOUNTAIN CAMPGROUND

Mingus Mountain Campground is set amidst 123 acres of lush pines in the Prescott National Forest atop Mingus Mountain at an elevation of 7,600 feet. The camp offers a tranquil setting of a deep green meadow dotted with wildflowers surrounded by redwood cabins which border a forest of towering pines. Approximately 100 miles north of Phoenix, the camp is located on 89-A above Jerome.

EXPLORATION

There will be blocks of time for:

* Discussion Groups * Hiking * Music * Relaxation
* The Salon * Crafts * Workshops * 12-Step
* Eating * Massage * Napping and more.
(*Opportunities for prayer, meditation and worship too*)

TALENT NIGHT

You have talent! Let it shine! Whether it is serious or silly, solo or a group production; start planning your segment of the big Friday night talent show.

PARTY – NIGHT

This year's Saturday party theme is "**Kings & Queens**". Bring a costume – Your favorite King, Queen, Court Jester, Duchess, Duke, Lady in Waiting, Princess, Dragon, etc.---or create one in the crafts area (optional) and join in the FUN! (After Halloween sales – perfect time to get your make-up, mask, costume, accessories)

NIGHT OWL CAFÉ

Open every evening just for fun – games, snacks, videos, and conversation. A time to kick back, relax, play a game and visit. Chicken Foot is on the agenda – so come prepared!

ARTS & CRAFTS

Time to let your inner child play and create in an unstructured environment.

TRANSPORTATION

Organized transportation is not provided. All participants must provide their own transportation and are encouraged to carpool with other participants. Transportation from Tucson may be organized; call Sally at the South District Office (520) 325-2775 or e-mail her at sally@desertsw.org to indicate your need and see what arrangements are pending. (A minimal fee to cover gas may be required)